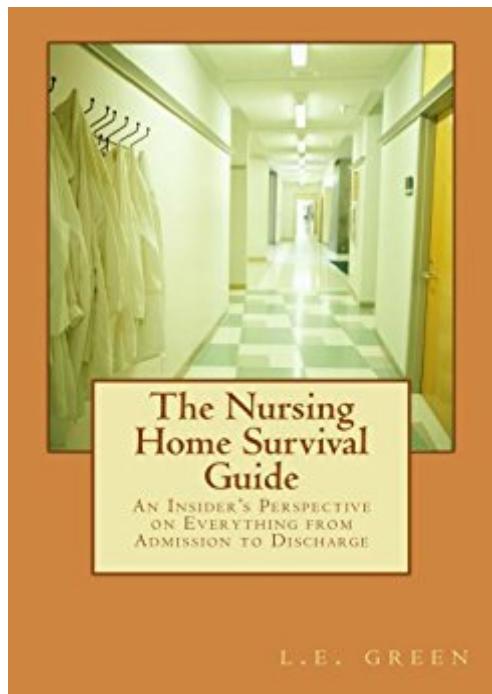


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# The Nursing Home Survival Guide



## **Synopsis**

An Insider's Perspective on Everything from Admission to Discharge The Nursing Home Survival Guide is the ultimate guide to everything you'll need to know about nursing homes, from whether your family member actually needs placement, the many different types of payment sources available, the admissions process, how to be discharged (even if the nursing home doesn't want to let you go), dying with dignity in a nursing home and everything in between. This book was written with the goal of empowering the patient and family so that they will have a positive experience. Whether the patient is being admitted for a short-term rehabilitation stay, or for long-term care, this book helps to explain the inner workings of the nursing home so that you can ensure your family member receives the best possible care. The Nursing Home Survival Guide covers:

- Why it's best to have the patient admitted in the morning, and what to do when medications aren't available for up to 24 hours after the patient has been admitted.
- What to bring and how to ensure the patient's items won't be lost.
- How to cut down on some of the ancillary costs, including medications, supplies and equipment.
- When to contact an Elder Law Attorney in order to become eligible for Medicaid to pay for a patient's room & board.
- How to search a nursing home's track record, and how to find out if either the Administrator or Director of Nursing has experienced any problems with their licenses.
- How the annual inspections are conducted and how to file an official complaint against a nursing home.
- When and where to complain regarding patient care issues, and how to have a patient transferred to another nursing home or assisted living

## **Book Information**

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## **Customer Reviews**

Learned a lot from the book on senior care. Senior care is extremely complicated and stressful process. There are lots of pitfalls and you want to make sure you are well informed in order to make the right choices. The book outlines a lot of things that are important in the process and how to handle them.

It's better to be informed than to have this stuff come as a shock. It will explain everything, and help you to cope. I bought this book a few weeks ago when my mother had a stroke. All the things the author warned about happened (don't let them move your loved one from the hospital to the nursing home at night, make sure they have the records and permission for pain medications, etc.) I sat there all the first night in the nursing home with my mother - no pain medication, no records, and a fried chicken meal for a stroke patient who couldn't chew or swallow. Unfortunately I didn't get a chance to look at the book until a few days after she was admitted; I could have avoided all this. Now that I've read the rest, I feel better about her being there. There won't be any more surprises and I will know how to deal with issues as they come up. I am fortunate that my mother is recovering and will be home soon. Thanks to this book, I'll be better prepared if it happens again.

This book may be helpful to others, however I previously read "75 Tips You Need to Know About Nursing Homes. I didn't see anything more helpful in this book. I will still recommend "75 Tips You Need to Know About Nursing Homes" over this one.

The information in this book was extremely valuable when my mother needed to go into a nursing home. This is the only book I have found that clearly explained how the system works, how to get someone in, Medicare, Medicaid, and how to deal with the staff and administrators. The author knows all this because she herself works in that system. Highly recommended.

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